

**TOWN OF GRANBY  
YOUTH SERVICE BUREAU  
SENIOR CENTER/YOUTH SERVICES BUILDING  
Minutes  
October 9, 2013**

**PRESENT:** Donna Snyder, Chairman; Jack Cashman, AnneMarie Cox, Michael Garcia, Laura Matheos, Mark McDermott, Michele Psutka

Chairman Donna Snyder confirmed a quorum and began the meeting at 4:00 p.m.

**REVIEW AND APPROVAL OF LAST MEETING'S MINUTES**

**ON A MOTION BY** Laura Matheos, seconded by Michele Psutka, the Board voted (4-0-1) to accept the minutes of September 11, 2013 as written. Mark McDermott abstained as he was not present at the meeting. Jack Cashman and Michael Garcia arrived after approval of the minutes.

**GRANBY PREVENTION COUNCIL UPDATE:**

- AnneMarie Cox reported that the GPC met on Monday. Pastor Al Royal has taken over as Chairman. He would like the GPC members to speak to their sectors to get input and information and bring it back to the meeting.

**YOUTH COUNSELOR REPORT:**

- There are two new interns. Amanda Buswell will be leaving in December.
- The program, "Protecting the Developing Brain" will be held Tuesday at 7:00 p.m. Each YSB member should bring one person with them.
- Donna Snyder brought a guest to the suicide prevention training, who stated she was unaware of the resources available through the YSB. A discussion ensued on the need to create a community resource guide. The guide would be a listing, not a recommendation and would include links to resources. It was suggested to either use some funding to hire someone to put this together or acquire an intern from the technology field. Ms. Cox will contact Daphne Shinder and John Kroninger, Technology Assistant at Wells Road School, to get some ideas. Laura Matheos and Donna Snyder offered to help if needed.
- The YSB received a \$2,500 grant for suicide prevention. Ms. Cox will be attending a train the trainer program. East Granby is interested in the presentation for their paraprofessionals. Mr. Garcia stated the YMCA would offer it and provide babysitting.

**YOUTH ACTION COUNCIL:**

- The Youth Action Council will meet for the first time next week.

## **OLD BUSINESS**

- Donna Snyder reminded members that between meetings they should be talking to people about the YSB to get feedback and suggestions regarding programming.
- Mike Garcia stated he spoke to several people who were unaware of the YSB and the Prevention Council. This created a discussion regarding the lack of knowledge the public has about the YSB and the difficulty of getting people to attend programs. Mr. Garcia suggested quick informational “programs” being used to get information out. Some ideas were setting up a table at businesses to talk to people and hand out information. It could be done at the Y on a night when parents have kids in a program. It was also suggested to target gatekeepers of events, such as sports, etc., so when a coach hears of a family in trouble, they have the information to refer them. Mark McDermott will speak to his coaches at the high school. Michele Psutka will speak to Meg Funk at Nutmeg Dance Studio. Another suggestion was creating flyers that could be given to businesses that provide take out and attach the flyers to the containers or bags. Ms. Cox will think about what should go on the flyers and will also investigate the Mom’s Unite concept, which is a facebook page used in towns to not only get the word out about various causes but also to get volunteers when need be.

## **NEW BUSINESS**

- Everyone was encouraged to talk up Tuesday evening’s program, Protecting the Developing Brain, and try to get individuals to attend.

## **ADJOURNMENT**

**ON A MOTION BY** Michael Garcia, seconded by Jack Cashman, the bureau voted (7-0-0) to adjourn at 5:00 p.m.

The next scheduled meeting will be held on Wednesday, November 13<sup>th</sup> at 4:00 p.m.

Respectfully submitted,

Kathy Kane  
Recording Secretary